

Hey Kids,

This summer we are becoming caretakers. We are going to care for creation, the elderly, our community, our church, our neighbourhood, and our friendships. Along with becoming caretakers, we are also going to be looking at the Psalms. Psalms are like poems or songs that are written to or about God. The Psalms teach us a lot about our emotions and how we can come to God (in our sadness or our joy). Are you ready? It's going to be fun!

From,

Miss Jenna

June 28 - July 4, 2020

#### Creation Caretaker

#### Psalm One

(Psalms for Young Children by Marie-Helene Delval)

"When I listen to you, God,
when I do what you ask me to,
I am like a tree
planted by a river,
a tree full of fruit
with leaves that are always green."

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

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# This week you are a creation caretaker. Your challenges for this week are:

- 1. Care for the earth by planting new seeds
- 2. Connect with God by going on a nature walk and thanking God for the world around you

## July 5 – July 11, 2020

## **Elderly Caretaker**

#### Psalm Thirteen

(Psalms for Young Children by Marie-Helene Delval)

"Sometimes, when I'm very sad,
I worry that you will forget about me, God.
But then I remember that
you love me always.
So I will sing and be happy!"

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

# This week you are an elderly caretaker. Your challenges for this week are:

- 1. Care for the elderly by phoning your grandparents
- 2. Connect with God by praying for the elderly in our church

### July 12 – July 18, 2020

## Community Caretaker

### Psalm Twenty-Three

(Psalms for Young Children by Marie-Helene Delval)

"God is my shepherd.

He leads me in the right
direction. And even if I have to
walk in dark places,
I am not scared.
I know nothing will hurt me
if I walk with God!"

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

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# This week you are a community caretaker. Your challenges for this week are:

- 1. Care for the community by going for a walk and cleaning up garbage
- 2. Connect with God by praying for Langley and Surrey

## July 19 – July 25, 2020

#### Creation Caretaker

#### **Psalm Twenty-Eight**

(Psalms for Young Children by Marie-Helene Delval)

"God, can you hear me calling out?

Listen to me,
I'm crying for you!
I know that you are not deaf;
I know you can hear me.
already, in my heart,
I'm saying thank you for listening."

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

# This week you are a creation caretaker. Your challenges for this week are:

- 1. Care for creation by making a birdfeeder by putting peanut-butter on a pinecone and hanging it in your yard or in a park.
- 2. Connect with God by thanking God for your favourite animals

### July 26 - August 1, 2020

#### Church Caretaker

#### Psalm Forty-Two

(Psalms for Young Children by Marie-Helene Delval)

"A thirsty deer looks for water, for a river to drink from.

I need God that way.

I'm thirsty inside.

God, send me your light, show me the way to your house, high on your mountain!"

#### Questions:

are:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

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This week you are a church caretaker. Your challenges for this week

- 1. Care for our church by calling someone from the church just to say hello
- 2. Connect with God by praying for our church

### August 2 - August 8, 2020

## Friendship Caretaker

### Psalm Sixty-Nine

(Psalms for Young Children by Marie-Helene Delval)

"When I am sad,
it feels like I'm underwater,
like I'm stuck in the mud,
or at the bottom
of a dark hole.
Pull me from this dark place,
God!
Save me! I need your help!"

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

# This week you are a friendship caretaker. Your challenges for this week are:

- 1. Care for a friend by drawing them a picture
- 2. Connect with God by praying for your friends

## August 9 - August 15, 2020

## Neighbourhood Caretaker

#### Psalm One-Hundred-Four

(Psalms for Young Children by Marie-Helene Delval)

"I praise you, God!
You are like a marvelous king
who wears beautiful, bright robes!
You make the water run in rivers,
and the animals come for a drink.
You make the plants grow,
and we have food to eat.
You open your hands and give us
everything we need."

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

# This week you are a neighbour caretaker. Your challenges for this week are:

- Care for your neighbourhood by writing encouraging notes (or drawing pictures) with chalk
- 2. Connect with God by praying for your neighbours

## August 16 - August 22, 2020

## Elderly Caretaker

### Psalm One-Hundred-Thirty

(Psalms for Young Children by Marie-Helene Delval)

"When I have done something wrong,
I wait for you to forgive me, God.
I am so sure you will comfort me.
I believe in you, God,
even more than I believe that tomorrow will come."

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

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## This week you are an elderly caretaker. Your challenges for this week are:

- 1. Write a card (or draw a picture) for an elderly person in our church
- 2. Connect with God by praying for your grandparents

## August 23 – August 29, 2020

### Community Caretaker

#### Psalm One-Hundred-Thirty-Nine

(Psalms for Young Children by Marie-Helene Delval)

"God, you know me so well.
You always know what I'm thinking and feeling. You know what I am going to say before I say it!
Even in the night, you can see me – you know my secrets, you know my fears.
I praise you for making me who I am."

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

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# This week you are a community caretaker. Your challenges for this week are:

- Draw an encouraging picture and hang it up on a community board (which you can find at Starbucks, the rec-centre, or on a community mailbox, etc.)
- 2. Connect with God by praying for the schools, hospital, and police station

## August 30 – September 5, 2020

#### Church Caretaker

#### Psalm One-Hundred-Forty-Three

(Psalms for Young Children by Marie-Helene Delval)

"Please God, don't ignore me when I ask for your help.
I know I can count on you!
Show me the right road to take.
Teach me to obey you and to do what you want.
You are my God!"

#### Questions:

- 1. What did this Psalm teach you about God?
- 2. What did this Psalm teach you about yourself or your emotions?
- 3. What did this Psalm teach you about how you can come to God?

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This week you are a church caretaker. Your challenges for this week

#### are:

- 1. Care for the church by calling one of your Kids@ The Ridge friends
- 2. Connect with God by praying for our church