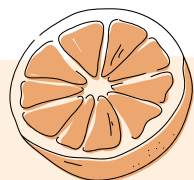


# Fruits of the Spirit: Love

January 31, 2021

Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

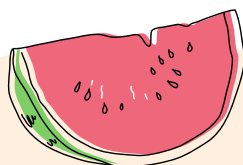


Read:

The Crucifixion  
(Matthew 27)

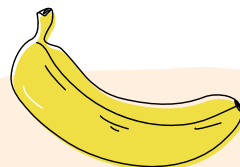
or

Jesus  
Storybook  
Bible:  
The Sun Stops  
Shining



Ask:

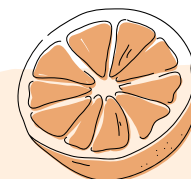
- How did Jesus show His love for us?
- How can we grow in our love for others?
- Who can we show love to this week?



Say:

Jesus loved us so much that he took on our punishment for our sin.

We now are called to love others and to grow in love.



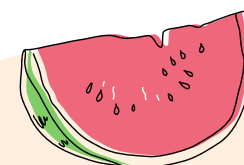
Actions:

Listen to the song, "He Loves Us," by Ellie Holcomb.

Watch the movie, "Veggie Tales: Are you my neighbour?" (ps, you can borrow it from the church).

Draw a picture or write a card to someone you love.

Watch the movie, "You Are Mine," (ps, you can borrow it from the church).



Prayer:

Take time to thank Jesus for loving us.

Take time to ask God who you should show love to this week?

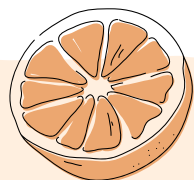
Take time to ask God to help you grow in love.

# Fruits of the Spirit: Joy

February 7, 2021

Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

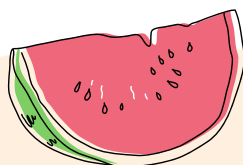


Read:

The Story of  
the Shepherds  
(Luke 2)

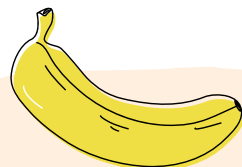
or

Jesus  
Storybook  
Bible:  
The Light of the  
World



Ask:

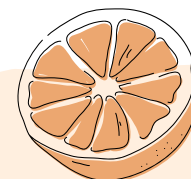
- What does this story teach us about joy?
- How can we share our joy about Jesus with others?



Say:

The Shepherds  
were so joyful  
when they  
found out about  
the saviour,  
Jesus.

We too can be  
joyful. We can  
be full of joy  
because we too  
have Jesus as  
our saviour.



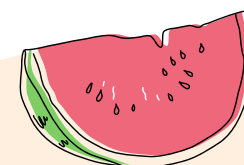
Actions:

Listen to the song,  
"Joyful Noise," by  
Ellie Holcomb.

Listen to the song,  
"Sing," by Ellie  
Holcomb.

The next time you  
are feeling grumpy,  
think of three things  
you can do to bring  
you joy (playing,  
singing, coloring).

Memorize the verse  
James 1:2



Prayer:

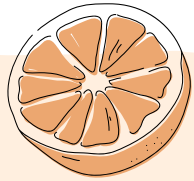
Take time to  
thank Jesus for  
coming to earth  
to save us.

Every day, tell  
God about one  
thing that  
brings you joy.

# Fruits of the Spirit: Peace

February 14, 2021  
Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

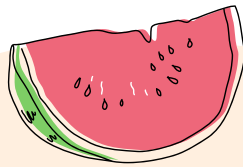


Read:

Jesus Calms  
the Storm  
(Mark 4:35-41)

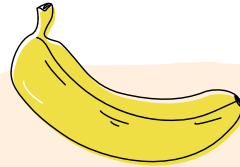
or

Jesus  
Storybook  
Bible:  
The Captain of  
the Storm



Ask:

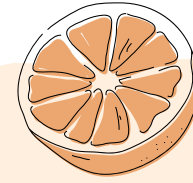
- How is this story about peace?
- Where does our peace come from?
- How can we grow in peace this week?



Say:

Jesus calmed  
the storm, and  
there was  
peace.

Sometimes in  
our lives, we  
can be anxious,  
scared, or  
worried. But we  
can find our  
peace in Jesus.



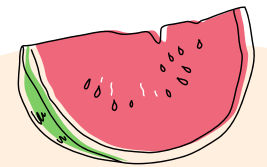
Actions:

Listen to the song,  
"Fear Not," by Ellie  
Holcomb.

Write a list of the  
things that scare  
you and pray about  
one every day.

Watch the movie,  
"VeggieTales:  
Where's God When  
I'm S-Scared," (ps,  
you can borrow it  
from the church).

Memorize the verse  
Joshua 1:9



Prayer:

Ask Jesus to  
give you peace.

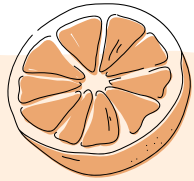
Pick one thing  
that scares  
you, and pray  
about it.

Thank Jesus for  
giving you his  
peace.

# Fruits of the Spirit: Patience

February 21, 2021  
Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

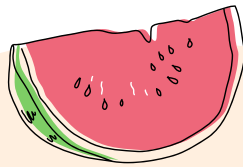


Read:

Abraham and Sarah  
(Genesis 15)

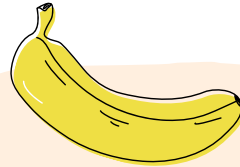
or

Jesus  
Storybook  
Bible:  
Son of Laughter



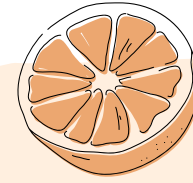
Ask:

- How long do you think Abraham waited for God to fulfill His promises?
- How can we practice being patient and waiting?



Say:

God promises Abraham that he would have as many descendants as the stars in the sky. Abraham waited a long time, but he believed God and God was faithful. We too can believe and wait on God.

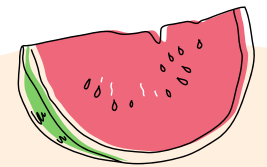


Actions:

Memorize the verse  
Ephesians 4:2

The next time you have to wait for something (snack time, play time, mom to come home) think of one thing that you can do in the meantime (color, sing, look at a book).

At school, practice patients by letting others go first.



Prayer:

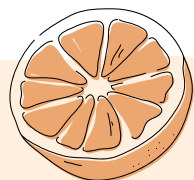
Take time to thank God for fulfilling His promises.

Tell God about something you really want right now, then ask God to help you be patient.

# Fruits of the Spirit: Kindness

February 28, 2021  
Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

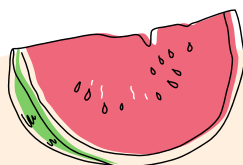


Read:

Zacchaeus  
(Luke 19)

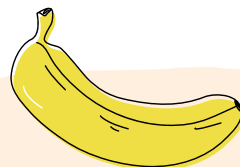
or

Jesus  
Storybook  
Bible:  
The Man Who  
Didn't  
Have Any  
Friends (None)



Ask:

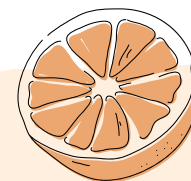
- How is this story about kindness?
- How can we practice being kind to others?
- How can we grow in kindness this week?



Say:

Jesus showed  
Zacchaeus  
kindness, and  
then  
Zacchaeus'  
heart was  
changed, and  
became kind.

God is kind to  
us, now we can  
be kind to  
others.

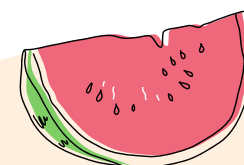


Actions:

Do a random act of kindness every day this week (give someone in your class your favourite snack, play with someone who doesn't have many friends, write someone a card).

Memorize the verse  
Colossians 3:12

Watch the movie,  
"VeggieTales: King  
George and the Ducky,"  
(ps, you can borrow it  
from the church).



Prayer:

Take time to  
thank God for  
showing us His  
kindness.

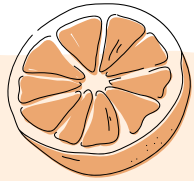
Take time to  
ask God who  
needs your  
kindness this  
week.

Ask God to help  
you grow in  
kindness.

# Fruits of the Spirit: Goodness

March 7, 2021  
Kids@ The Ridge

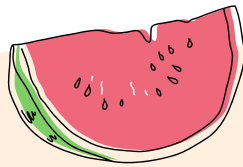
"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23



Read:

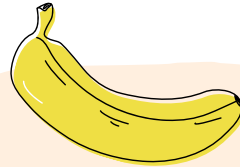
Psalm 23  
or

Jesus  
Storybook  
Bible:  
The Good  
Shepherd



Ask:

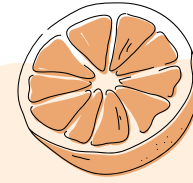
- Who is our good shepherd?
- How can we practice goodness?
- How can we grow in goodness this week?



Say:

Jesus is our good shepherd, and he is very good to us.

We can grow in goodness because Jesus was first good to us.



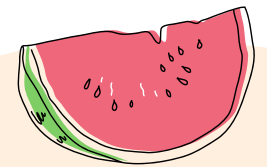
Actions:

Read, "The Book of Psalms," an illustration book by Timothy R Both (ps, you can borrow it from the church).

Memorize the verse  
Psalm 23:6

Practice goodness by caring for a neighbour by baking them cookies this week.

Listen to the song, "Light of your Love," by Ellie Holcomb.



Prayer:

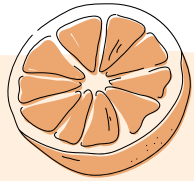
Take time to thank God for His goodness.

Make a list of people who aren't doing well (a friend who had a bad day, a sick family member) and pray for one person every day.

# Fruits of the Spirit: Faithfulness

March 14, 2021  
Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

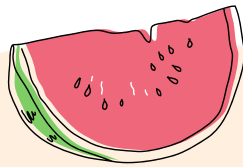


Read:

The Flood &  
God's Covenant  
with Noah  
(Genesis 8)

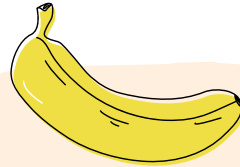
or

Jesus  
Storybook  
Bible:  
A New  
Beginning



Ask:

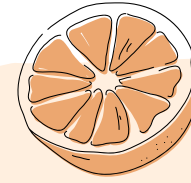
- What promises did God give Noah?
- How was God faithful?
- How can we be faithful?



Say:

God was faithful to Noah, He remembered Noah and the animals in the boat.

God is faithful to us too, and we can learn to be faithful. How can we practice faithfulness?



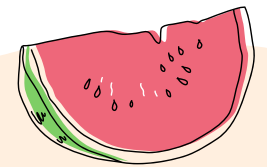
Actions:

Listen to the song, "Don't Forget His Love," by Ellie Holcomb.

Write a list of ways God has been faithful to you (given you a home, family, food to eat). Every day pick one thing to thank God for.

Watch the movie, "VeggieTales: An Easter Carol," (ps, you can borrow it from the church).

Pick a spiritual practice to do every day this week (praying, reading a Bible story, Life Journaling).



Prayer:

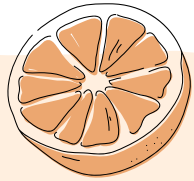
Take time to thank God for His faithfulness to you.

Think of a friend, and ask God how you can faithfully care for them this week.

# Fruits of the Spirit: Gentleness

March 21, 2021  
Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

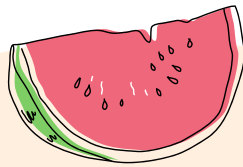


Read:

Sermon on The Mount  
(Matthew 6:25-34)

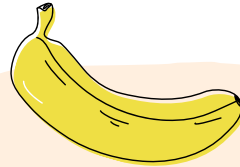
or

Jesus Storybook Bible:  
The Singer



Ask:

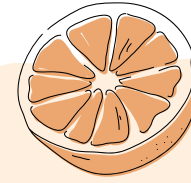
- How was God gentle in this story?
- How can we grow in gentleness?
- How can we show gentleness to others?



Say:

God is so gentle with us. We worry about all sorts of things, but God says we do not need to worry because he takes care of us.

God wants us to be gentle to others because he is gentle with us.

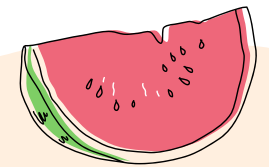


Actions:

Listen to the song, "Do Not worry," by Ellie Holcomb.

The next time you are mad at someone (a friend, mom or dad, your siblings). Practice gentleness by naming three things you like about them.

Go for a walk and talk about the birds and the flowers that you see. Talk about the Bible story you read and how God is gentle to the birds and the flowers (and to you).



Prayer:

Take time to thank God for being gentle with us.

Take time to ask God who needs your gentleness this week.

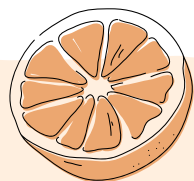
Ask God to help you grow in gentleness.



# Fruits of the Spirit: Self-Control

March 27, 2021  
Kids@ The Ridge

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

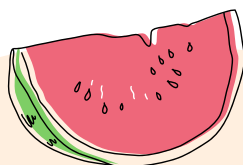


Read:

The Fall of Man  
(Genesis 3)

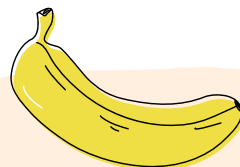
or

Jesus  
Storybook  
Bible:  
The Terrible Lie



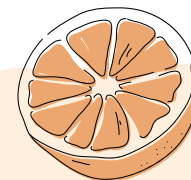
Ask:

- What do we learn in this story about self-control?
- Did Adam and Eve show self-control?
- How can we practice self-control?



Say:

Adam and Eve were tempted and they sinned. We get tempted by sin too (for example, have you ever wanted to take a cookie when mom said no?) But God allows us to grow in self-control.

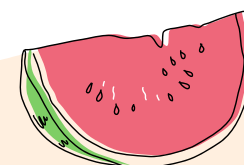


Actions:

Write down three ways you can practice self-control (telling yourself no, asking your mom for help, walking away) when you face struggles (wanting to take a cookie, upset that you can't do something, angry with a friend).

Memorize the verse  
2 Timothy 1:7

Watch the movie, "VeggieTales: Rack, Shack, and Benny," (ps, you can borrow it from the church).



Prayer:

Ask God for forgiveness for when you haven't shown self-control.

Think of one thing you have struggled with this week (not being patient, not getting along with your siblings, not listening). Ask God for his forgiveness.